



## MERIGAR CALENDAR

### JANUARY 2012

Tue. 3 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi (3/8 Jan.) Gonpa  
 16:00 - 18:30 SMS LEV 1 – with Fabio RISOLO (2/7 Jan.) Veranda Serkhang  
 19:00 - 20:00 Ganapuja (Padmasambhava Day) Gonpa

Wed. 4 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi Gonpa  
 16:00 - 18:30 SMS LEV 1 – with Fabio RISOLO Veranda Serkhang

Thu. 5 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi Gonpa  
 16:00 - 18:30 SMS LEV 1 – with Fabio RISOLO Veranda Serkhang

Fri. 6 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi Gonpa  
 16:00 - 18:30 SMS LEV 1 – with Fabio RISOLO Veranda Serkhang

Sat. 7 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi Gonpa  
 16:00 - 18:30 SMS LEV 1 – with Fabio RISOLO Veranda Serkhang

Sun. 8 Jan. 2012

10:00 - 12:30 In depth Yantra Yoga course with Tiziana Gottardi Gonpa  
 17:30 – 19:00 SMS BASE group study with Raffaella BLASI Veranda Serkhang

Mon 9 Jan. 2012

18:00 - 19:00 Vajra Dance Practice Gonpa  
 19:00 - 20:00 Ganapuja (Full moon Day) Gonpa

Tue. 10 Jan. 2012

18:00 - 19:30 Yantra Yoga Practice Gonpa  
 17:00 – 19:00 SMS LEV.1 group study with Fabio RISOLO Veranda Serkhang

Wed. 11 Jan. 2012

18:00 - 19:00 Vajra Dance Practice Gonpa

Thu 12 Jan. 2012

18:00 - 19:00 Vajra Dance Practice Gonpa

Fri. 13 Jan. 2012

18:00 - 19:30 Yantra Yoga Practice Gonpa

Sat. 14 Jan. 2012

18:00 - 19:00 Vajra Dance Practice Gonpa

Sun. 15 Jan. 2012



17:30 – 19:00 SMS BASE group study with Raffaella BLASI	Veranda Serkhang
18:00 - 19:00 Vajra Dance Practice	Gonpa
Mon. 16 Jan. 2012	
18:00 - 19:00 Vajra Dance Practice	Gonpa
Tue. 17 Jan 2012	
18:00 - 19:30 Yantra Yoga Practice	Gonpa
Wed. 18 Jan 2012	
18:00 - 19:00 Vajra Dance Practice	Gonpa
19:00 - 20:00 Ganapuja ( Dakini Day)	Gonpa
Thu. 19 Jan 2012	
17:00 – 19:00 SMS LEV.1 group study with Fabio RISOLO	Veranda Serkhang
18:00 - 19:00 Vajra Dance Practice	Gonpa
Fri. 20 Jan 2012	
18:00 - 19:30 Yantra Yoga Practice	Gonpa
20:00 – 22:00 (CET) CHÖGYAL NAMKHAI NORBU (20-24 Jan.)	
Dzogchen Teaching Retreat Tashigar sud ARGENTINA - webcast -	Gonpa
Sat. 21 Jan. 2012	
14:00 – 16:00 (CET ) CHÖGYAL NAMKHAI NORBU - webcast -	Gonpa
18:00 - 19:00 Vajra Dance Practice	Gonpa
Sun. 22 Jan. 2012	
14:00 – 16:00 (CET ) CHÖGYAL NAMKHAI NORBU - webcast -	Gonpa
17:30 – 19:00 SMS BASE group study with Raffaella BLASI	Veranda Serkhang
18:00 - 19:00 Vajra Dance Practice	Gonpa
Mon. 23 Jan. 2012	
14:00 – 16:00 (CET ) CHÖGYAL NAMKHAI NORBU - webcast -	Gonpa
18:00 - 19:00 Vajra Dance Practice	Gonpa
19:00 - 20:00 Ganapuja (New Moon Day)	Gonpa
Tue 24 Jan. 2012	
14:00 – 16:00 (CET ) CHÖGYAL NAMKHAI NORBU - webcast -	Gonpa
17:00 – 19:00 SMS 1 LEV.1 group study with Fabio RISOLO	Veranda Serkhang
18:00 - 19:30 Yantra Yoga Practice	Gonpa
Wed. 25 Jan. 2012	
18:00 - 19:00 Vajra Dance Practice	Gonpa
Thu. 26 Jan. 2012	
18:00 - 19:00 Vajra Dance Practice	Gonpa



Fri. 27 Jan. 2012

18:00 - 19:30 Yantra Yoga Practice

Gonpa

Sat. 28 Jan. 2012

All Day Base Course of Song of the Vajra – with Rita Renzi

Gonpa

Sun. 29 Jan. 2012

All Day Base Course of Song of the Vajra – with Rita Renzi

17:30 – 19:00 SMS BASE group study with Raffaella BLASI

Gonpa  
Veranda Serkhang

Mon. 30 Jan. 2012

18:00 - 19:00 Vajra Dance Practice

Gonpa

Tue. 31 Jan. 2012

18:00 - 19:30 Yantra Yoga Practice

Gonpa